

5. The protective guard of claim 4, wherein the pad cover includes a r fastener for closing the opening.
6. The protective guard of claim 5, wherein the fastener comprises a hook and loop fastener.
7. The protective guard of claim 1, further comprising a stirrup affixed to the guard.
8. The protective guard of claim 1, further comprising an elastic band affixed to the pad cover and the sleeve portion, the elastic band having a first band piece of the first color and a second band piece of the second color, wherein the first band piece faces substantially outwardly and in the first configuration and the second band piece faces substantially outwardly in the second configuration.
9. The protective guard of claim 1, wherein the pad is a first pad and the protective guard further comprises a second pad enclosed in the pad cover.
10. The protective guard of claim 9, wherein the second pad is located below the first pad when in position on a user.
11. The protective guard of claim 9, further comprising a seam between the first pad and the second pad.
12. A reversible protective guard, comprising:

**WHAT IS CLAIMED IS:**

1. A reversible protective guard, comprising:
  - a pad;
  - a pad cover enclosing the pad, the pad cover comprising a first cover piece and a second cover piece enclosing the pad; and
  - a sleeve portion attached to the pad cover, the sleeve portion comprising a first sleeve piece and a second sleeve piece,
  - the first cover piece and the first sleeve piece made of a first color,
  - the second cover piece and the second sleeve piece made of a second color different from the first color; and
  - the guard being reversible between a first configuration in which the first color is substantially facing outwardly and a second configuration in which the second color is substantially facing outwardly.
2. The protective guard of claim 1, wherein at least one of the sleeve portion and the pad cover is made of a breathable material.
3. The protective guard of claim 1, wherein the pad is free-floating within the pad cover.
4. The protective guard of claim 3, further comprising an opening in the pad cover to allow for removal of the pad.

a pad;  
a pad cover enclosing the pad, the pad cover comprising a first cover piece and a second cover piece enclosing the pad; and  
a strap affixed to the pad cover for holding the shin guard in place on a user,  
the first cover piece made of a first color,  
the second cover piece made of a second color different from the first color, and  
the guard being reversible between a first configuration in which the first color is substantially facing outwardly and a second configuration in which the second color is substantially facing outwardly.

13. The reversible protective guard of claim 12, wherein the strap comprises an elastic band.

14. The reversible protective guard of claim 12, wherein the strap comprises two strap portions with a hook and loop fastener for connecting the two strap portions.

15. The reversible protective guard of claim 12, wherein the strap comprises a first strap piece of the first color and a second strap piece of the second color, and wherein the first strap piece faces substantially outwardly in the first configuration and the second strap piece faces substantially outwardly in the second configuration.

16. A method for making a reversible protective guard comprising:

attaching a first cover piece to a second cover piece to create a pad cover, the first cover piece having a first color and the second cover piece having a second color different from the first color;

inserting a pad in the pad cover; and

attaching a sleeve portion to the pad cover, the sleeve portion comprising a first sleeve piece of the first color and a second sleeve piece of the second color,

the protective guard being reversible between a first configuration in which the first color is substantially facing outwardly and a second configuration in which the second color is substantially facing outwardly.

17. The method of claim 16, further comprising removing the pad from the pad cover.

18. A protective guard comprising:

an interior sleeve of a first color;

an exterior sleeve of a second color different from the first color; and

a pad,

the interior sleeve attached relative to the exterior sleeve so as to define a pocket therebetween,

the pad disposed inside the pocket, and

the protective guard being reversible between a first configuration in which the interior sleeve faces inwardly and a second configuration in which the exterior sleeve faces inwardly.

19. The protective guard of claim 18, wherein at least one of the first sleeve and the second sleeve comprises a breathable material.

20. The protective guard of claim 18, wherein the pocket defines an opening to allow for removal of the pad.